

Cut out on solid lines. Fold diagonally on dotted line with text to the outside, and then unfold.
Fold diagonally on other dotted line with text to outside, and then unfold.
Fold on center dotted line with text to inside, and then unfold.
On side of without print, write about a time it was difficult to take that "first step".
Collapse whole unit into a triangle, so graphic is on the cover.
Glue into lapbook.

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