

Baked Sweet Potatoes

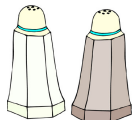
What you will need:



baking Sheet



sweet potatoes



salt & pepper



cooking oil



1. Wash your hands under hot running water.



2. Ask a parent to preheat the oven to 400.



with



running water.

3. Wash



with

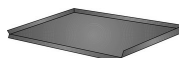


oil.

4. Rub



onto baking sheet



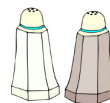
4. Place



oven for 1 hour



5. Bake in



6. Let cool, ask a parent to cut open, sprinkle with salt and pepper.