



Cut out book as one piece. Mountain fold on center hinge.

Option 1 – Glue a picture of yourself dressed like a chef inside of flap.

Option 2 – Write about what a properly dressed chef looks like inside flap.

### **Dressing the Part**

A cook should wear a clean apron to protect his/her clothes, and to keep dirt and germs moving from clothes to food. It is helpful if there are roomy pockets in the apron to hold utensils as needed. A cook's hair should be pulled back or covered. This will help to prevent hair from getting in food, and also protect hair from getting caught in appliances. It is important that a cook has clean, injury-free hands. Make sure fingernails are scrubbed as many germs hide under them. If a cook has any cuts or scratches on his hands, he should wear protective gloves. This is to protect both the food others will be eating and the injuries, which are subject to infection when in contact with raw meats and such.