

PRINT ON CARDSTOCK

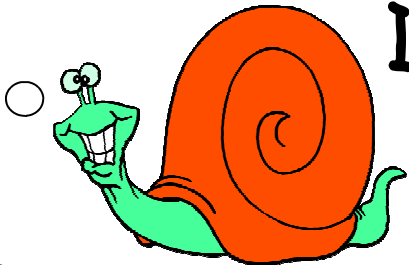
Blank space for writing.

Blank space for writing.

Blank space for writing.

Blank space for writing.

Blank space for writing.

 I can be cheerful
even if...

Cut each piece out on the solid black lines. There will be five pieces in all. Attach with brass fastener where indicated. Help your child think of times that she has a hard time being cheerful. Help her write them down on the pieces and say, "I can have joy even if..." (my baby brother knocks down my toys, we aren't having my favorite for dinner, my friend can't come to play today, etc.).