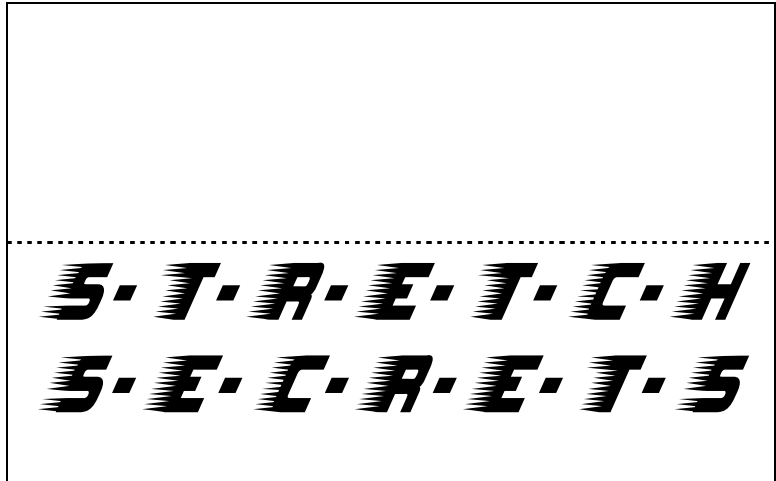
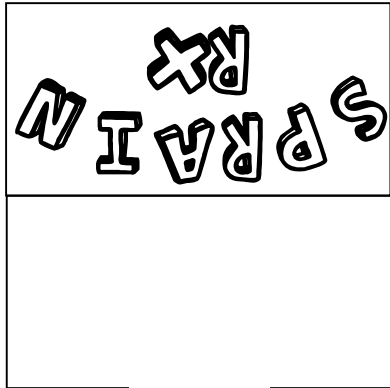
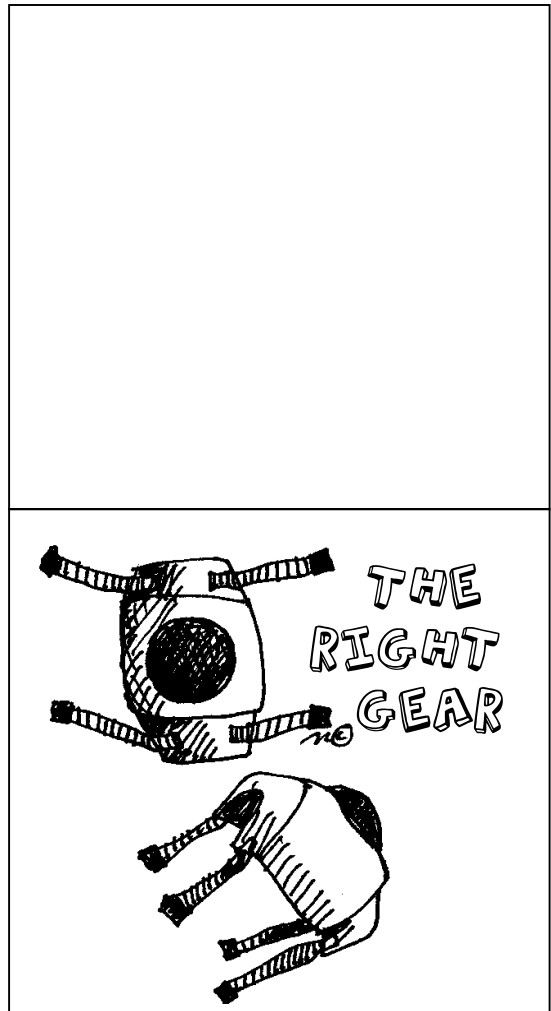
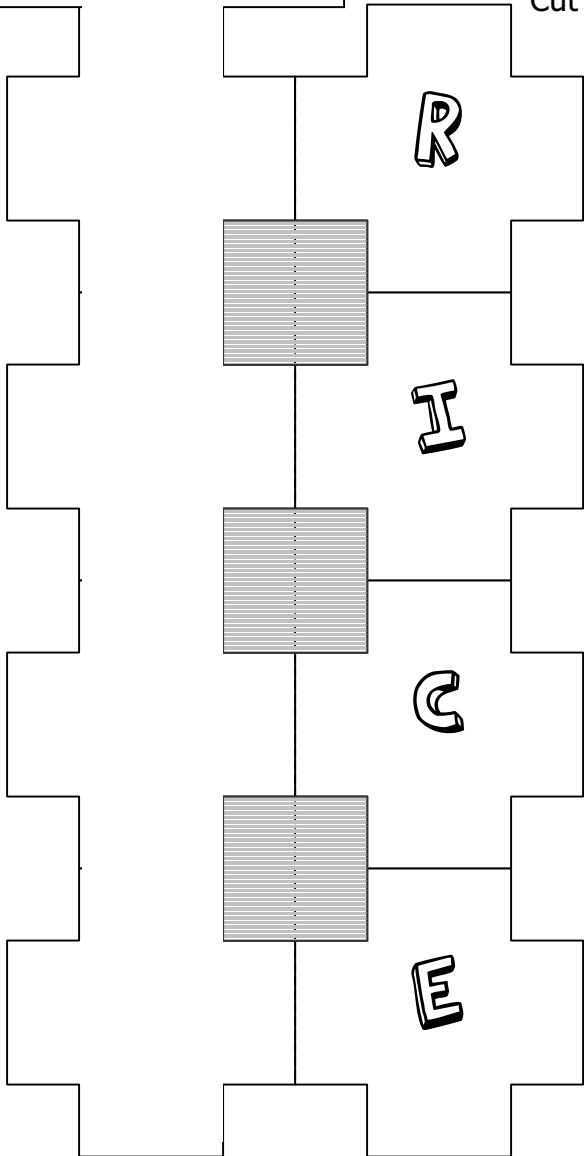


Cut out as one piece. Mountain fold Title down and glue in place. Fold book in center along dotted line. Cut out gray areas, and then cut flaps on front only. Write the steps for properly taking care of a sprain under flaps.



Cut out simple folds as one piece and fold in half.



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