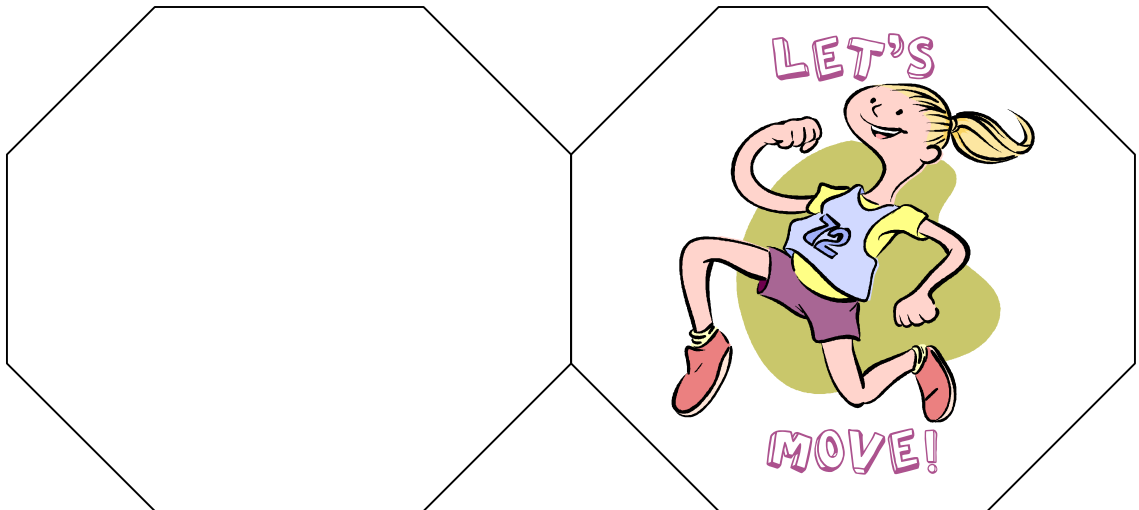
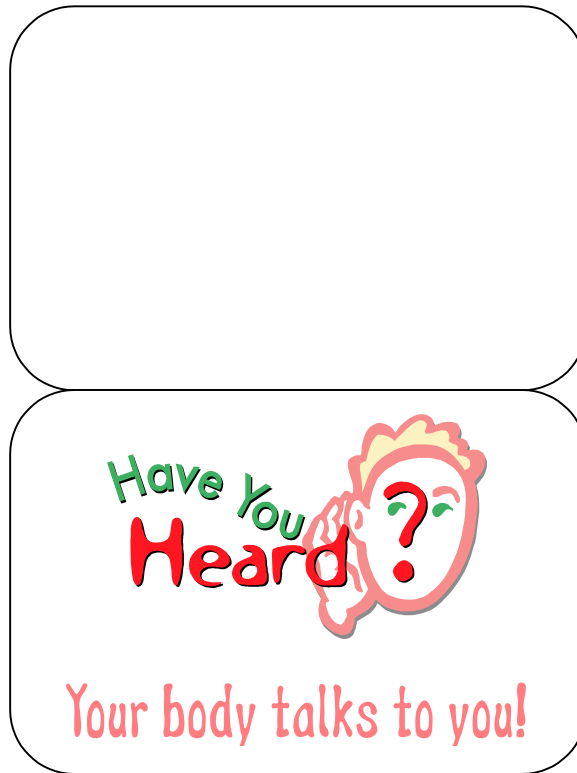


Cut out as one piece. Mountain fold in center. Inside, write ways you can get moving!



Cut out as one piece. Mountain fold in half. Inside, write ways your body talks to you.



Cut out as one piece. Mountain fold in half. Inside, write things a smart girl avoids.

