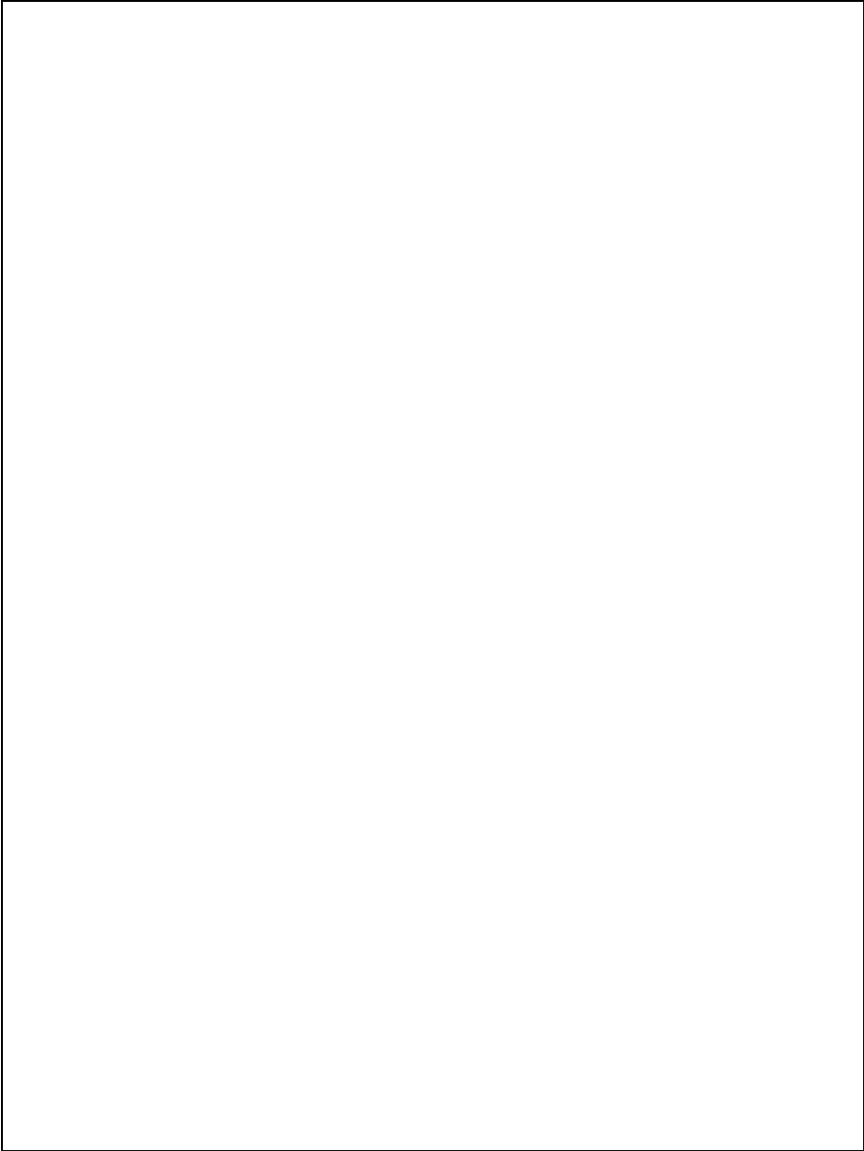


# jump shifts



Cut rectangles out. Stack in order and staple on the left side of the front cover.

## Flash Forward

A large, empty rectangular box with a thin black border, intended for writing or drawing. It occupies the majority of the page below the title.

**Flash Back**

