

## Skin Vocabulary

**Dermatologist** – a doctor who has studied how to treat skin disease

**Evaporate** – to drive out the moisture from

**Humidity** – perceptible moisture

**Dermis** – inner layer of skin

**Epidermis** – outer layer of skin

**Scar tissue** – thickening and marking of tissue after an injury or surgery heals

**Sensation** – an awareness due to stimulation of a sense organ

**Goosebumps** – roughening of the skin due to fear, cold or sudden excitement; also called goose flesh, goose pimples, chicken flesh

**Shiver** – to tremble, quiver, shake

**Tanning** – darkening of the skin due to sun exposure

**Pores** – tiny holes or spaces

**Ultraviolet rays** – rays having a wavelength that is shorter than visible light but longer than X-rays

**Cosmetologist** – someone who gives beauty treatments, i.e. to skin or hair

### A Summertime Story Using this Week's Vocabulary Words:

It has been a long wait for summertime to arrive and John and Trudy are excited! Summer is their favorite time of year. Today they are up early to visit the beach for the first time this year! As they begin to pack they remember that their **dermatologist** always reminds them to be sure to put on sunblock so that they have protection against the **ultraviolet rays** of the sun. Beach towels, snacks and sunblock in their backpacks they hop on their bikes and head toward the beach. It has been hot and **humid** lately so they are looking forward to the refreshing ocean water. They ride their bike each morning while it is still cool but this morning it is so hot that they have lots of sweat coming out from their **pores** and they look forward to a dip in the ocean. At the beach, they lay down their towels. They have forgotten how wonderful the **sensation** of the sand on their feet feels as they head towards the water. When they hop in the water it is colder than they expected. It causes them to **shiver** and when they get out they notice their skin is covered in **goosebumps**. They go back up the beach to sit on their towels. When the water **evaporates**, it leaves ocean salt behind on their skin. After chatting awhile they decide to go for a walk down the beach. John steps on something sharp that cuts his foot – it is a piece of glass! The glass breaks through her **epidermis** and into the **dermis** and is bleeding. It is deep and may leave a **scar**. Trudy gets her scarf and ties it around John's foot and helps him onto his bike. That will end today's trip to the beach, but they will be back. By the end of the summer they expect to have returned to the beach so much that their skin will be **tanned**. Trudy plans to go to a **cosmetologist** for skin and hair treatments after all the time in the sun and salt water.

Fill in the blanks with the correct vocabulary words.

1. My arms are more \_\_\_\_\_ than my legs because I wear pants a lot.
2. Jane would like to be a \_\_\_\_\_ some day so that she can help people to look beautiful.
3. My family wants to stay inside today because it is hot and there is high \_\_\_\_\_.
4. Too much exposure to \_\_\_\_\_ can cause skin cancer.
5. I felt a tingling \_\_\_\_\_ in my foot because it was asleep.
6. Susan is \_\_\_\_\_ because she has a high fever.
7. After the surgery on his knee, \_\_\_\_\_ was left behind.
8. When I watched that movie I got \_\_\_\_\_ all over because it was so scary.
9. Sweat comes out of the \_\_\_\_\_ in your skin.

10. Please call the \_\_\_\_\_ to make an appointment to check my skin rash.

11. The inner layer of skin is called the \_\_\_\_\_ while the outer layer is the \_\_\_\_\_.

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Pores

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Cosmetologist